

CHIPPENHAM & DISTRICT WHEELERS

This event is being promoted for and on behalf of Cycling Time Trials under its Rules and Regulations.

OPEN 10 MILE TIME TRIAL - U41 SPINE ROAD - LATTON

Sunday 29 September 2024. Time of start – 08:00 hours

IF YOU ARE SHOWING ANY SIGNS OF COVID 19 PLEASE DO NOT COME TO THE EVENT

In the interests of your own safety, Cycling Time Trials requires you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. Riders signing the entry form state their conversance with Cycling Time Trials Rules and Regulations and agree to observe them.

EVENT OFFICIALS Event Secretary Paul Winchcombe **Chippenham & District Wheelers** 4 Farmhouse Court Melksham SN12 6FG 07792 372309 (mobile) Timekeepers Start: Mr D Gale Cheltenham & County Cycling Club Finish: Mrs S Andrews **Chippenham & District Wheelers** Officials Start: Mr A Lockwood **Chippenham & District Wheelers** Finish: Mrs L Booth **Chippenham & District Wheelers**

EVENT HQ: Organiser: Mr Paul Freegard

My thanks to all the volunteers:

| Paul Freegard | Sue Andrews |
|-----------------|-----------------|
| Doug Gale | Andrew Lockwood |
| Lisajayne Booth | Emily Lockwood |

Event HQ: Bradstone Playing Field, Ashton Keynes, Swindon, Wiltshire, SN6 6PH

- Refreshments the intention is to have light refreshments, so please bring loose change for donations
- Toilets
- Numbers and Signing On
- Prize Presentation prizes will be sent after the event to winners but intention is to be able to list positions before event finishes
- Event HQ should be open from 0700 hrs

There is a reasonable amount of parking at the HQ (especially if you park sensibly) but if you need to park in the village please park considerately and not block drive ways.

NO SHOEPLATES IN EVENT HQ, PLEASE.

NOTICES: (Please do read these as they affect the management of the event)

- This event is run under CTT regulations which can be found here: <u>https://www.cyclingtimetrials.org.uk/</u>
- You are asked to not urinate in the car park or grounds or change in full view of any of the residents. We are very lucky to have this facility, so please do not give them reason to take it away. All future references to "HQ" in this document are referring to this facility.
- Turbo trainer/roller warm up are permitted at HQ but only directly behind/infront of your parked vehicle.
- Your number will be placed on a table at the HQ, please check your number on the list below.
- CTT requires all riders to sign out of events when finished. Failure to complete the signing out sheet will result in the rider being disqualified. Other riders or individuals must not sign out for other people.
- Please hand your number in when signing out.
- A working front and rear light, either flashing or constant, must be fitted to the machine in a position visible to following road users and is active whilst the machine is in use.
- Hard shell helmets are now mandatory.
- Please respect the volunteers from Chippenham and District Wheelers and the timekeepers who are giving up their time to help out.
- Position your main number so that it is visible from the rear when in the racing position.
- This event may be subject to a Doping Control It is your responsibility to check by returning to the HQ and signing in as soon as possible after you finish.
- Please allow at least 10 minutes to get to the start.
- Head-down riding kills if dangerous riding is witnessed it will be investigated and reported.
- No vehicles, except those of the timekeepers, shall be parked at the start or finish

There may be a "pusher offer" but at the moment I do not have one and you will have to do a standing start on your own. Rolling starts will not be permitted. Make it easy for the finish time keeper, when you cross the line, shout your number. As loud as you can. Do not approach the finish time keeper at any point for any reason. Once you have finished your race return to HQ to sign out

Race Results will be published on the CTT website as soon as possible.

Start List Appendix A is the rider list with the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this number and we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else. Riders found doing this will not be permitted to race, will be reported to the CTT and may not be accepted in future events.

Ride Safe. Ride Strong. Thank you for your support!

PRIZES

Due to small field prize values would be very small per rider. Therefore the club will be donating the prize fund to the Church In The Clouds in Lacock, which the club supports on its hill climb. Rider positions will of course be published as normal.

This event competes for the Sheila Wiseman Rose Bowl Trophy for the fastest woman in a Chippenham Wheelers 10 mile event as the planned event earlier this year was cancelled.

COURSE DETAILS

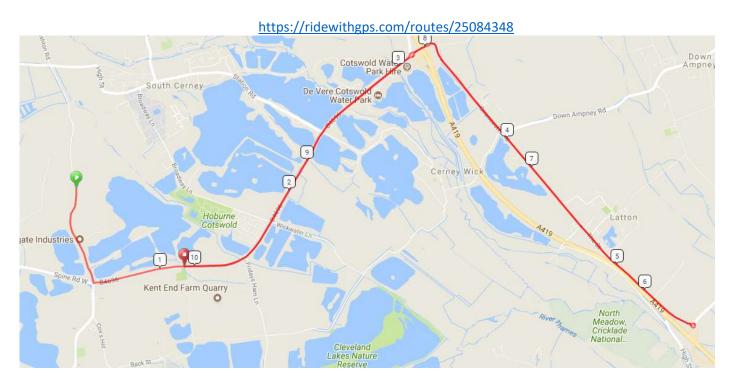
To reach start from event HQ turn **left** onto Rixon Gate road and follow till X-rds. Turn Right onto High Road and follow till Cox's Hill. Go straight on Cox's Hill to junction with B4696 where turn right and follow till X-rds with Spine Road. Go straight on unnamed road towards and past the aggregate industries. Note once past X-rds you will be riding towards riders who are already racing. Distance to start 2 miles. https://ridewithgps.com/routes/34119754

• LIMIT U TURNS TO AN ABSOLUTE MINIMUM AND QUEUE TO START IN SINGLE FILE IN LAYBY. DO NOT QUEUE ON THE ROAD.

• PLEASE DO NOT WARM UP PAST THE START AREA.

START: Start in layby on unclassified road 0.4 mile north of Aggregate Industries entrance.

Head south to junction of Spine Rd West and Spine Rd East (B4696) and turn left. Ride East along Spine Road East towards Cotswold Water Park and A419. Cross the double RAB over the A419 (straight on at first RAB) and turn right at second RAB (second exit) towards Latton (DO NOT TAKE A419 EXITS). Ride South East along Cirencester Road through village of Latton (note traffic calming road narrows) to RAB for A419 and circle RAB to return along Cirencester Road through Latton to the double RAB with A419. At first RAB take second exit (straight across) to second RAB and take second exit along Spine Rd East past Cotswold Water Park (DO NOT TAKE A419 EXITS). Ride West along Spine Rd East to finish 0.5 mile short of junction at West end of small gated layby before Clayhill Car Park



DO NOT STOP on finishing, but warm down and return to HQ.

Course details including the Risk Assessment are at: <u>https://www.cyclingtimetrials.org.uk/course-details/u41</u>

ORDER OF START

I have grouped the women together but not separated by bike type. Note there are gaps in start times to make the field layout a bit more logical.

| Start Time | Rider Number | | Rider | Club | Cat | Category |
|---------------|-----------------|-----------|------------------|---|----------|-----------|
| 08:01 | 1 | David | English | Chippenham & District Wheelers | V5 | TT Bike |
| 08:04 | 3 | Chris | Ward | WardPerformanceUK.com | V6 | Tandem |
| 08:04 | 4 | Gillian | Thorne | WardPerformanceUK.com | V7 | Tandem |
| 08:05 | 5 | Wayne | Baker | Team Echelon | V6 | Tricycle |
| 08:10 | 10 | Ruby | Tulett | Wincanton Wheelers | Senior | Road Bike |
| 08:11 | 11 | Jane | Barker | Wincanton Wheelers | V5 | Road Bike |
| 08:12 | 12 | Mary-Jane | Hutchinson | Bristol South Cycling Club | V6 | Road Bike |
| 08:13 | 13 | Rachel | Green | Cheltenham & County Cycling Club | V6 | TT Bike |
| 08:14 | 14 | Arja | Scarsbrook | Team Echelon | V7 | TT Bike |
| 08:15 | 15 | Jo | Wilkie | Cheltenham & County Cycling Club | V4 | TT Bike |
| 08:20 | 20 | Peter | Lindfield | Velotik Racing Team | V4 | TT Bike |
| 08:21 | 21 | Peter | Rogers | Team Tor 2000 KALAS | V7 | TT Bike |
| 08:22 | 22 | John | Eames | Chippenham & District Wheelers | V7 | TT Bike |
| 08:23 | 23 | Michael | Higginson | Redditch Road & Path CC | V6 | TT Bike |
| 08:24 | 24 | Jack | Walters | Swindon Wheelers | Junior | TT Bike |
| 08:25 | 25 | Jonathan | Barnes | Bristol South Cycling Club | Senior | TT Bike |
| 08:26 | 26 | Stu | Carver | North Hampshire RC | V5 | TT Bike |
| 08:27 | 27 | Peter | Iffland | Chippenham & District Wheelers | V6 | TT Bike |
| 08:28 | 28 | Gordon | Scott | CC Weymouth | V6 | TT Bike |
| 08:29 | 29 | Ben | Parker | Swindon Wheelers | V4 | Road Bike |
| 08:30 | 30 | Mark | Bradley | Bristol South Cycling Club | V5 | TT Bike |
| 08:31 | 31 | James | Hunt | Oxonian CC | V4 | TT Bike |
| 08:32 | 32 | Daniel | Kempe | Bristol South Cycling Club | V5 | TT Bike |
| 08:33 | 33 | Gary | Francis | Gillingham and District Wheelers / Wheels Cycles | V5 | TT Bike |
| 08:34 | 34 | Robbie | Richardson | Chippenham & District Wheelers | V6 | TT Bike |
| 08:35 | 35 | Vincent | Douglas | Gloucester City Cycling Club | V0 V5 | TT Bike |
| 08:36 | 36 | Matthew | Chapple | Chippenham & District Wheelers | Senior | TT Bike |
| 08:37 | 37 | Theo | Smith | Cheltenham & County Cycling Club | Senior | Road Bike |
| 08:38 | 38 | Simon | Vannerley | Sherston Velo | V4 | TT Bike |
| 08:39 | 39 | Bradley | Sewell | Wincanton Wheelers | V4 V6 | Road Bike |
| 08:40 | 40 | Tim | Radley | Gloucester City Cycling Club | V5 | TT Bike |
| 08:41 | 41 | Daryl | Stroud | Gloucester City Cycling Club | V6 | TT Bike |
| 08:42 | 42 | Dan | Laasna Reuter | Virtual Cycling Club | V5 | TT Bike |
| 08:43 | 43 | Chris | Lowe | Swindon Road Club | V6 | TT Bike |
| 08:44 | 44 | David | Steel | Hereford & Dist Whs CC | V7 | TT Bike |
| 08:45 | 45 | Jamie | Richardson Paige | Magspeed Racing | Senior | TT Bike |
| 08:46 | 46 | Chris | Tye | Swindon Wheelers | V5 | TT Bike |
| 08:47 | 40 | Trevor | Hodges | Stroud Valley Velos | V5 | TT Bike |
| 08:48 | 47 | Richard | Broadbent | Corinium Cycle Club | V5 | Road Bike |
| 08:49 | 40 | Jason | Mould | Army Cycling | Senior | TT Bike |
| 08:50 | 50 | Alex | Hodgkinson | Ilkeston Cycle Club | Senior | TT Bike |

Please note your name is on the start sheet as it appears in the CTT Database. You can edit your name to make in upper and lower case.